

# April BREAKFAST MENU: Don Bosco

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Pancake (2 oz) Turkey Sausage (1 oz) Sliced Pears (1 c)  Milk (8oz)	Vanilla Yogurt (4 oz) Fresh Blueberries * (1 c) Granola Topping (1/4 c)  Milk (6 oz)	Scrambled Egg (1 lg) Hash Brown Potatoes (1/2 c) Whole Grain Bagel (2 oz) Fresh Cantaloupe * (1 c)  Milk (8oz)	Whole Grain Muffin (2.25 oz) Orange * (1 c)  Milk (8oz)	French Toast (1 slice) Turkey Sausage (1 oz) Sliced Peaches (1 c)  Milk (8oz)
10	11	12	13	14
Pancake (2 oz) Turkey Sausage (1 oz) Guava & Pineapple (1 c)  Milk (8oz)	Vanilla Yogurt (4 oz) Fresh Strawberries * (1 c) Granola Topping (1/4 c)  Milk (6 oz)	French Toast (1 slice) Turkey Sausage (1 oz) Sliced Pears (1 c)  Milk (8oz)	<b>SCHOOL CLOSED</b>  <b>HOLY THURSDAY</b>	<b>SCHOOL CLOSED</b>  <b>GOOD FRIDAY</b>
17	18	19	20	21
<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>	<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>	<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>	<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>	<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>
24	25	26	27	28
Pancake (2 oz) Turkey Sausage (1 oz) Sliced Pears (1 c)  Milk (8oz)	Honeynut Cheerios (1.5 c) Banana * (1/2 c)  Milk (6 oz)	Vanilla Yogurt (4 oz) Fresh Strawberries * (1 c) Granola Topping (1/4 c)  Milk (6 oz)	Whole Grain Muffin (2.25 oz) Orange * (1 c)  Milk (8oz)	Scrambled Egg (1 lg) Hash Brown Potatoes (1/2 c) Whole Grain Bagel (2 oz) Fresh Watermelon * (1 c)  Milk (8oz)

Portion Control: Daily meals served are at least 1/4 cup serving of fruit, vegetables, beans or peas and 1 serving of a 100% whole grain

Milk Variety: 8 fluid oz Unflavored low-fat(1%) or Flavored fat-free (skim) fluid milk is offered to each child every day.

Local Distributors : Prize of the Harvest, 84 Skeeter Point Lane, Faison, NC 28341 252-492-7301; Sysco of Baltimore, Taylor Farm, PA(Actual Address to come)Davids Farm, DC; DOD Produce, DC

All Fruit Juices are 100% Juice

Harrisburg Dairy, PA

## April LUNCH MENU: Don Bosco

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Chicken Salad Sandwich (2 oz) Salad : Romaine&MesclunMix (1.5 c) Tomato & Cucumber (1/4 c) with Italian Dressing (1.5 oz) Fresh Cantaloupe * (1 c) Whole Grain Wheat Bread (2 slice) Milk (8oz)	Whole Grain Spag (2 oz) (1 c) w/ Turkey Meatballs (2 oz) Tomato Sauce (1/2 c) Sliced Carrots (1/2 c) Guava & Pineapple (1 c) Milk (8oz)	Baked Chicken (2 oz) Roasted Potatoes (1/2 c) Broccoli (1/2 c) Mandarin Orange Slices (1 c) Whole Grain Wheat Bread (2 slice) Milk (8oz)	Hamburger (2 oz) Lettuce & tomato (1/4 c) Baked Beans (Veggie) (3/4 c) Fresh Watermelon * (1/4 c) Whole Grain Burger Roll (2 oz) Milk (6 oz)	Baked Fish Patty (2 oz) Brown Rice(yellow recipe) (1 c) Green Beans (1 c) Fresh Honeydew melon * (1 c) Milk (8oz)
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Chicken Tenders (2 oz) Fried Brown Rice (1 c) Onion (1/4 c) Sliced Carrots (3/4 c) Fresh Water Melon * (1 c) Milk (8oz)	Turkey Dog (2 oz) Baked Beans (Veggie) (1 c) Baked Apple Slices (1 c) Whole Grain Hot Dog Roll (2 oz) Milk (8oz)	Grilled Chicken Salad (2 oz) Salad : Romaine&MesclunMix (1.5 c) Tomato Slice (1/4 c) Whole Grain Croutons (1 c) Caesar Dressing (1.5 oz) Fresh Cantaloupe * (1 c) Milk (8oz)	<b>SCHOOL CLOSED</b>  <b>HOLY THURSDAY</b>	<b>SCHOOL CLOSED</b>  <b>GOOD FRIDAY</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>	<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>	<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>	<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>	<b>SCHOOL CLOSED</b>  <b>EASTER BREAK</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Macaroni & Cheese(2 oz) (1 c) Whole Grain Penne Pasta (1 c) Green Peas (1 c) Fresh Honeydew melon * (1 c) Milk (8oz)	Chicken Patty Sandwich (2 oz) Lettuce & tomato (1/4 c) Baked Beans (Veggie) (3/4 c) Guava & Pineapple (1 c) Whole Grain Burger Roll (2 oz) Milk (8oz)	Roast Pork Tenderloin (2 oz) Mashed Sweet Potatoes (1/2 c) Broccoli (1/2 c) Mandarin Orange Slices (1 c) Whole Grain Wheat Bread (2 slice) Milk (8oz)	Pizza Sub Mozzarella Cheese (2 oz) Whole Grain Sub Roll (2 oz) Pizza Sauce (1/2 c) Green Beans (1/2 c) Fresh Water Melon * (1 c) Milk (8oz)	Sliced Turkey Sandwich (2 oz) Salad : Romaine&MesclunMix (1.5 c) Tomato & Cucumber (1/4 c) with Italian Dressing (1.5 oz) Fresh Cantaloupe * (1 c) Whole Grain Wheat Bread (2 slice) Milk (8oz)

Portion Control: Daily meals served are at least 1/4 cup serving of fruit, vegetables, beans or peas and 1 serving of a 100% whole grain

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Harrisberg Dairy, PA

Bowie Produce, Landover MD